

**Racing Points as of 11/30/2024**

**Female Walkers**

**Penny Elam**

<b>Race</b>	<b>Date</b>	<b>Award</b>	<b>Awd Pts</b>	<b>Dist Pts</b>	<b>Total Pts</b>
Race into the New Year 5K	1/1/2024	N/A	0	3.1	3.1
Icicle 5K	1/14/2024	4th AG	2	3.1	5.1
Pirate 5K	2/3/2024	1st OA	10	3.1	13.1
Valentine Classic 5K	2/11/2024	3rd AG	3	3.1	6.1
Barnesville Rotary Lake 5K	3/30/2024	2nd M	9	3.1	12.1
Iron Furnace Trail Run 4.5m	4/6/2024	N/A	0	4.5	4.5
Tipp City Eclipse 5K	4/8/2024	N/A	0	3.1	3.1
Ohio State 4 miler	4/14/2024	N/A	0	4	4
Tunnels to Towers 5k	4/20/2024	N/A	0	3.1	3.1
Ohio Health Quarter Marathon	4/27/2024	N/A	0	6.55	6.55
Tunnels to Towers 5k	4/28/2024	N/A	0	3.1	3.1
Thunderbunny 11K	5/11/2024	N/A	0	6.8	6.8
Gallipolis in Lights 5K	5/11/2024	2nd AG	4	3.1	7.1
Barnesville Rails to Trails 5K	5/18/2024	1st AG	5	3.1	8.1
Movin in May 5K	5/23/2024	N/A	0	3.1	3.1
Chillicothe 5K	6/1/2024	3rd AG	3	3.1	6.1
AEP Columbus 10K	6/2/2024	2nd AG	4	6.2	10.2
Diabetes Dash 5K	6/8/2024	1st AG	5	3.1	8.1
Summer Sasquatch 10.4 Miler	6/16/2024	2nd AG	4	10.4	14.4
Chik Fil A 2 Mile Walk	6/22/2024	1st AG	5	2	7
Freedom Fun Run 5K	6/29/2024	N/A	0	3.1	3.1
Run Wild Columbus Zoo 5K	7/7/2024	N/A	0	3.1	3.1
Kicks for Kids 5K	7/13/2024	2nd AG	4	3.1	7.1
Mammoth March	8/3/2024	N/A	0	20	20
Shawshank Hustle 7K	8/10/2024	N/A	0	4.6	4.6
Amish Country 10K	9/7/2024	N/A	0	6.2	6.2
Cuyahoga Falls Mammoth March	9/15/2024	N/A	0	20	20
Mountwood 5K	9/21/2024	2nd OA	9	3.1	12.1
Big Bad Wolf 10 Miles	9/22/2024	N/A	0	10	10
Save A Life 5K	9/26/2024	N/A	0	3.1	3.1
Gervasi Wine Run 5K	10/12/2024	N/A	0	3.1	3.1
Nationwide Childrens 5K	10/19/2024	N/A	0	3.1	3.1
Nationwide Childrens Half Marathon	10/20/2024	N/A	0	13.1	13.1
Holzer Haunted 5K	10/26/2024	1st AG	5	3.1	8.1
Marshall Half Marathon	11/3/2024	N/A	0	13.1	13.1
Hot Chocolate 15K	11/17/2024	N/A	0	9.3	9.3
Turkey Trot	11/28/2024	N/A	0	3	3
Columbus Hungry Turkey 10K	11/29/2024	1st AG	5	6.2	11.2
<b>Total Points for 2024</b>					<b>288.05</b>

**Female Walkers (Cont.)**

<b>Katie Mader</b>					
<b>Race</b>	<b>Date</b>	<b>Award</b>	<b>Awd Pts</b>	<b>Dist Pts</b>	<b>Total Pts</b>
Icicle 5K	1/14/2024	2nd OA	9	3.1	12.1
Valentine Classic 5K	2/11/2024	2nd OA	9	3.1	12.1
March Hare 5K	3/10/2024	2nd OA	9	3.1	12.1
Bunny Hop 5K	3/30/2024	1st OA	10	3.1	13.1
Walk n Roll 5K	4/27/2024	1st OA	10	3.1	13.1
Slip Slap Slop 5K	5/4/2024	1st OA	10	2	12
Mother's Day 5K	5/18/2024	1st OA	10	3.1	13.1
Sternwheel Festival 5K	5/25/2024	1st OA	10	3.1	13.1
Diabetes Dash 5K	6/8/2024	1st OA	10	3.1	13.1
Chik Fil A 2 Mile Walk	6/22/2024	1st OA	10	2	12
Freedom Fun Run 5K	6/29/2024	1st OA	10	3.1	13.1
Elizabeth Firecracker 5K	7/5/2024	1st OA	10	3.1	13.1
Kicks for Kids 5K	7/13/2024	1st OA	10	3.1	13.1
Stepping on Hunger 5K	8/3/2024	1st OA	10	3.1	13.1
News & Sentinel Half Marathon	8/17/2024	1st OA	10	13.1	23.1
New Albany Walking Classic 10K	9/15/2024	1st OA	10	6.2	16.2
Pumpkin Festival 5K	9/28/2024	1st OA	10	3.1	13.1
MMHS Fund Glow Run 5K	10/5/2024	1st OA	10	3.1	13.1
Sprint for the Segment 5K	10/19/2024	1st OA	10	3.1	13.1
Fallback 5K	11/4/2024	1st OA	10	3.1	13.1
Hot Chocolate 15K	11/16/2024	N/A	0	9.3	9.3
Turkey Trot	11/27/2024	N/A	0	3	3
<b>Total Points for 2024</b>					<b>282.2</b>

**Female Walkers (Cont.)**

<b>Darlene Stout</b>					
<b>Race</b>	<b>Date</b>	<b>Award</b>	<b>Awd Pts</b>	<b>Dist Pts</b>	<b>Total Pts</b>
Icicle 5K	1/14/2024	4th AG	2	3.1	5.1
Valentine Classic 5K	2/11/2024	N/A	0	3.1	3.1
March Hare 5K	3/10/2024	N/A	0	3.1	3.1
Bunny Hop 5K	3/30/2024	N/A	0	3.1	3.1
Scadia 5K	4/6/2024	N/A	0	3.1	3.1
MOV Spina Bifida 5K	4/20/2024	N/A	0	3.1	3.1
Walk n Roll 5K	4/27/2024	1st AG	5	3.1	8.1
Slip Slap Slop 5K	5/4/2024	2nd AG	4	2	6
Emerson School Color Run 2K	5/23/2024	N/A	0	1.2	1.2
Sternwheel Festival 5K	5/25/2024	1st AG	5	3.1	8.1
Monroe Central Glow 5K	5/31/2024	2nd AG	4	3.1	7.1
Diabetes Dash 5K	6/8/2024	1st AG	5	3.1	8.1
Dino Dash 5K	6/15/2024	2nd AG	4	3.1	7.1
Chik Fil A 2 Mile Run	6/22/2024	5th AG	1	2	3
Freedom Fun Run 5K	6/29/2024	N/A	0	3.1	3.1
Guernsey Trail Firecracker 5K	7/4/2024	N/A	0	3.1	3.1
Elizabeth Firecracker 5K	7/5/2024	2nd AG	4	3.1	7.1
Kicks for Kids 5K	7/13/2024	4th AG	2	3.1	5.1
Dash and Splash 2 Mile	7/19/2024	3rd OA	8	2	10
Autism Awareness 5K	7/20/2024	2nd OA	9	3.1	12.1
Caldwell's Fireman's 5K	7/26/2024	2nd AG	4	3.1	7.1
Race to End Polio 5K	7/27/2024	2nd AG	4	3.1	7.1
Stepping on Hunger 5K	8/3/2024	1st AG	5	3.1	8.1
Wirt County Fair 2 Mile Challenge	8/10/2024	2nd OA	9	2	11
News & Sentinel 2 Miles	8/17/2024	2nd AG	4	2	6
Moonlight on the Falls Qtr Marathon	8/24/2024	N/A	0	6.55	6.55
Right Path Eli Chapman 5K	9/7/2024	1st AG	5	3.1	8.1
Moustache Dash 5K	9/8/2024	N/A	0	3.1	3.1
OH Lions STEPS 5K	9/14/2024	N/A	0	3.1	3.1
New Albany Walking Classic 10K	9/15/2024	N/A	0	6.2	6.2
Mountwood 5K	9/21/2024	2nd AG	4	3.1	7.1
Color Run 3K	9/21/2024	N/A	0	1.85	1.85
Save A Life 5K	9/26/2024	N/A	0	3.1	3.1
Pumpkin Festival 5K	9/28/2024	N/A	0	3.1	3.1
Mountain State Forest Festival 5K	9/29/2024	N/A	0	3.1	3.1
Tupper Plains VFD 5K	10/5/2024	N/A	0	3.1	3.1
MHS Glow Run 5K	10/5/2024	N/A	0	3.1	3.1
Black Walnut Festival 5K	10/13/2024	1st AG	5	3.1	8.1
Lincoln Way Vineyards Haunted Run 5K	10/19/2024	N/A	0	3.1	3.1
Sprint for the Segment 5K	10/19/2024	1st AG	5	3.1	8.1
Hearts and Hands 4 Paws 5K	10/26/2024	3rd AG	3	3.1	6.1
Spooky Sprint Columbus 10K	10/27/2024	N/A	0	6.2	6.2
Run Run Rudolph 5K	11/2/2024	N/A	0	3.1	3.1
Fallback 5K	11/3/2024	2nd AG	4	3.1	7.1
Diabetes Dash 5K	11/9/2024	3rd AG	3	3.1	6.1
James Campbell Memorial 5K	11/16/2024	N/A	0	3.1	3.1
Newport Turkey Trot 3K	11/17/2024	N/A	0	1.5	1.5
Cocoa and Coffee 5K	11/23/2024	N/A	0	3.1	3.1
Turkey Trot	11/28/2024	N/A	0	3	3
<b>Total Points for 2024</b>					<b>259.2</b>

**Female Walkers (Cont.)**

<b>Nancy Goff</b>					
<b>Race</b>	<b>Date</b>	<b>Award</b>	<b>Awd Pts</b>	<b>Dist Pts</b>	<b>Total Pts</b>
Run to Read Half Marathon	1/14/2024	N/A	0	13.1	13.1
Icicle 5K	1/14/2024	1st AG	5	3.1	8.1
Valentine Classic 5K	2/11/2024	3rd AG	3	3.1	6.1
Conquer the Wall Half Marathon	3/8/2024	N/A	0	13.1	13.1
Athens Half Marathon	4/14/2024	N/A	0	13.1	13.1
Training Camp 10K	4/21/2024	N/A	0	6.2	6.2
Barnesville Rails to Trails 5K	5/18/2024	N/A	0	3.1	3.1
Ogden Newspapers Half Marathon	5/25/2024	2nd AG	4	13.1	17.1
Hatfield and McCoy Marathon	6/8/2024	N/A	0	26.2	26.2
Summer Sasquatch 10.4 Miler	6/15/2024	N/A	0	10.4	10.4
NFL HOF Fathers Day 5K	6/16/2024	N/A	0	3.1	3.1
Chik Fil A 2 Mile Walk	6/22/2024	1st AG	5	2	7
Freedom Fun Run 5K	6/29/2024	N/A	0	3.1	3.1
Kicks for Kids 5K	7/13/2024	N/A	0	3.1	3.1
News & Sentinel 2 Miles	8/17/2024	1st AG	5	2	7
Pro Football Hall of Fame 6K	8/24/2024	N/A	0	3.73	3.73
Pro Football Hall of Fame Half Marathon	8/25/2024	N/A	0	13.1	13.1
OH Lions STEPS 5K	9/14/2024	N/A	0	3.1	3.1
Mountwood 5K	9/21/2024	1st AG	5	3.1	8.1
Pumpkin Festival 5K	9/28/2024	N/A	0	3.1	3.1
Killer 5K	10/26/2024	N/A	0	3.1	3.1
Marshall Half Marathon	11/3/2024	N/A	0	13.1	13.1
James Reyher Man of Honor 5K	11/9/2024	N/A	0	3.1	3.1
<b>Total Points for 2024</b>					<b>190.23</b>

**Female Walkers (Cont.)**

<b>Cynthia Hein</b>					
<b>Race</b>	<b>Date</b>	<b>Award</b>	<b>Awd Pts</b>	<b>Dist Pts</b>	<b>Total Pts</b>
Icicle 5K	1/14/2024	2nd AG	4	3.1	7.1
Valentine Classic 5K	2/11/2024	1st AG	5	3.1	8.1
Barnesville Rotary Lake 5K	3/30/2024	2nd AG	4	3.1	7.1
Walk n Roll 5K	4/27/2024	1st AG	5	3.1	8.1
Slip Slap Slop 5K	5/4/2024	2nd AG	4	2	6
Mother's Day 5K	5/18/2024	2nd AG	4	3.1	7.1
Barnesville Rails to Trails 5K	5/18/2024	2nd AG	4	3.1	7.1
Sternwheel Festival 5K	5/25/2024	1st AG	5	3.1	8.1
Diabetes Dash 5K	6/8/2024	1st AG	5	3.1	8.1
Chik Fil A 2 Mile Walk	6/22/2024	2nd AG	4	2	6
Freedom Fun Run 5K	6/29/2024	N/A	0	3.1	3.1
Elizabeth Firecracker 5K	7/5/2024	2nd AG	4	3.1	7.1
Kicks for Kids 5K	7/13/2024	2nd AG	4	3.1	7.1
Race to End Polio 5K	7/27/2024	1st AG	5	3.1	8.1
Mammoth March	8/3/2024	N/A	0	20	20
News & Sentinel 2 Miles	8/17/2024	2nd AG	4	2	6
OH Lions STEPS 5K	9/14/2024	1st AG	5	3.1	8.1
Mountwood 5K	9/21/2024	1st AG	5	3.1	8.1
Pumpkin Festival 5K	9/28/2024	4th AG	2	3.1	5.1
Barkcamp 5K	10/5/2024	N/A	0	3.1	3.1
Hearts and Hands 4 Paws 5K	10/26/2024	1st AG	5	3.1	8.1
Broughton 5 Mile	11/2/2024	2nd AG	4	5	9
Diabetes Dash 5K	11/9/2024	1st AG	5	3.1	8.1
Turkey Trot	11/28/2024	N/A	0	3	3
<b>Total Points for 2024</b>					<b>176.8</b>

**Female Walkers (Cont.)**

<b>Kristine Hamilton</b>					
<b>Race</b>	<b>Date</b>	<b>Award</b>	<b>Awd Pts</b>	<b>Dist Pts</b>	<b>Total Pts</b>
Icicle 5K	1/14/2024	2nd AG	4	3.1	7.1
Valentine Classic 5K	2/11/2024	4th AG	2	3.1	5.1
March Hare 5K	3/10/2024	3rd AG	3	3.1	6.1
Bunny Hop 5K	3/30/2024	2nd AG	4	3.1	7.1
5Cadia 5K	4/6/2024	1st OA	10	3.1	13.1
Stonewall Farm Earth Day 5K	4/20/2024	N/A	0	3.1	3.1
Mother's Day 5K	5/18/2024	4th AG	2	3.1	5.1
Barnesville Rails to Trails 5K	5/18/2024	4th AG	2	3.1	5.1
Sternwheel Festival 5K	5/25/2024	2nd AG	4	3.1	7.1
Diabetes Dash 5K	6/8/2024	3rd AG	3	3.1	6.1
Chik Fil A 2 Mile Walk	6/22/2024	3rd AG	3	2	5
Freedom Fun Run 5K	6/29/2024	1st AG	5	3.1	8.1
Elizabeth Firecracker 5K	7/5/2024	2nd AG	4	3.1	7.1
Kicks for Kids 5K	7/13/2024	3rd AG	3	3.1	6.1
Race to End Polio 5K	7/27/2024	3rd OA	8	3.1	11.1
Stepping on Hunger 5K	8/3/2024	4th AG	2	3.1	5.1
Right Path Eli Chapman 5K	9/7/2024	3rd OA	8	3.1	11.1
OH Lions STEPS 5K	9/14/2024	2nd AG	4	3.1	7.1
Pumpkin Festival 5K	9/28/2024	2nd AG	4	3.1	7.1
MMHS Fund Glow Run 5K	10/5/2024	N/A	0	3.1	3.1
Hearts and Hands 4 Paws 5K	10/26/2024	1st AG	5	3.1	8.1
Fallback 5k	11/3/2024	3rd OA	8	3.1	11.1
Healthy Lungs 5K	11/9/2024	1st OA	10	3.1	13.1
Turkey Trot	11/28/2024	N/A	0	3	3
<b>Total Points for 2024</b>					<b>171.2</b>

<b>Tracy Lott</b>					
<b>Race</b>	<b>Date</b>	<b>Award</b>	<b>Awd Pts</b>	<b>Dist Pts</b>	<b>Total Pts</b>
Icicle 5K	1/14/2024	3rd AG	3	3.1	6.1
Valentine Classic 5K	2/11/2024	2nd AG	4	3.1	7.1
March Hare 5K	3/10/2024	2nd AG	4	3.1	7.1
Sternwheel Festival 5K	5/25/2024	1st AG	5	3.1	8.1
Diabetes Dash 5K	6/8/2024	3rd AG	3	3.1	6.1
Chik Fil A 2 Mile Run	6/22/2024	1st GM	10	2	12
Freedom Fun Run 5K	6/29/2024	N/A	0	3.1	3.1
Elizabeth Firecracker 5K	7/5/2024	2nd AG	4	3.1	7.1
Kicks for Kids 5K	7/13/2024	3rd GM	8	3.1	11.1
Stepping on Hunger 5K	8/3/2024	1st AG	5	3.1	8.1
Vienna Mud Run	9/14/2024	N/A	0	1	1
Mountwood 10 Miles	9/21/2024	N/A	0	10	10
Walk for the Wilds 5K	10/13/2024	N/A	0	3.1	3.1

## Female Walkers (Cont.)

Catherine Darling					
Race	Date	Award	Awd Pts	Dist Pts	Total Pts
Icicle 5K	1/14/2024	N/A	0	3.1	3.1
Valentine Classic 5K	2/11/2024	5th AG	1	3.1	4.1
Conquer the Wall Marathon	3/8/2024	N/A	0	26.2	26.2
Barnesville Rotary Lake 5K	3/30/2024	2nd AG	4	3.1	7.1
Walk n Roll 5K	4/27/2024	N/A	0	3.1	3.1
Slip Slap Slop 5K	5/4/2024	3rd AG	3	2	5
Barnesville Rails to Trails 5K	5/18/2024	4th AG	2	3.1	5.1
Hatfield and McCoy 5K	6/8/2024	N/A	0	3.1	3.1
Summer Sasquatch 10.4 Miler	6/15/2024	N/A	0	10.4	10.4
Mountwood 5K	9/21/2024	1st AG	5	3.1	8.1
Pumpkin Festival 5K	9/28/2024	N/A	0	3.1	3.1
Barkcamp 5K	10/5/2024	N/A	0	3.1	3.1
Walk for the Wilds 5K	10/13/2024	N/A	0	3.1	3.1
<b>Total Points for 2024</b>					<b>84.6</b>

Cherrie Cowan					
Race	Date	Award	Awd Pts	Dist Pts	Total Pts
Walk n Roll 5K	4/27/2024	1st AG	5	3.1	8.1
Slip Slap Slop 5K	5/4/2024	3rd AG	3	2	5
Mother's Day 5K	5/18/2024	3rd AG	3	3.1	6.1
Sternwheel Festival 5K	5/25/2024	2nd AG	4	3.1	7.1
Chik Fil A 2 Mile Run	6/22/2024	2nd AG	4	2	6
Freedom Fun Run 5K	6/29/2024	1st AG	5	3.1	8.1
Elizabeth Firecracker 5K	7/5/2024	1st AG	5	3.1	8.1
Kicks for Kids 5K	7/13/2024	3rd SGM	8	3.1	11.1
Right Path Eli Chapman 5K	9/7/2024	1st AG	5	3.1	8.1
Fallback 5K	11/4/2024	1st AG	5	3.1	8.1
<b>Total Points for 2024</b>					<b>75.8</b>

Patty Metz					
Race	Date	Award	Awd Pts	Dist Pts	Total Pts
Icicle 5K	1/14/2024	2nd AG	4	3.1	7.1
Slip Slap Slop 5K	5/4/2024	4th AG	2	2	4
Freedom Fun Run 5K	6/29/2024	N/A	0	3.1	3.1
News & Sentinel 2 Miles	8/17/2024	3rd AG	3	2	5
<b>Total Points for 2024</b>					<b>19.2</b>