

# *Ribbon Dash 5K Run/Walk*

*April 28, 2012, Race Starts at 8:00 A.M.*

*Civitan Park, Belpre, Ohio 45714*

**Race Information:** Civitan Park is located behind Hardees restaurant on Washington Blvd. There is a road near the Hardees that will lead you down to Civitan Park near the parking area. For those using a GPS or map service, use 1500 Blennerhassett Avenue, Belpre Oh, 45714 as your destination address.

**Registration and Packet Pick-up Information:** Mail completed registration form and a payment of \$20 to P.O. Box 648 Belpre, Ohio 45714. Make checks payable to *The Ribbon Dash*. Additional donations are welcomed. All proceeds will go to the Wood County chapter of the American Cancer Society. Packet pick-up and race day registration will be at shelter 1 starting at 7:00 A.M. A Tshirt is guaranteed to those pre-registered by April 21, 2012.

**Course Description:** The course is flat and fast, and will start and finish in Civitan Park.

**Facilities:** There are restrooms available at the Park.

**Additional Information:** If you have any questions or comments, please contact Matt McCready at (304) 488-6648, Todd Shafer at (304) 482-2589, or Megan Young at (304) 916-0057.

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**Mail Entry Form and Payments to:** P.O. Box 648 Belpre, OH 45714

Name: \_\_\_\_\_ Age on race day: \_\_\_\_\_ Sex: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip \_\_\_\_\_

Check one Run: \_\_\_\_\_ Walk: \_\_\_\_\_ Birthday \_\_\_\_\_

T-Shirt (Adult Size)

Small \_\_\_\_\_

Medium \_\_\_\_\_

Large \_\_\_\_\_

Extra Large \_\_\_\_\_

**Waiver:** I know that running a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I assume all risks associated with running this event. Having read this waiver and knowing these facts and in consideration of your accepting my entry fee, I, for myself, and anyone entitled to act on my behalf, waive and release the River City Runners & Walkers Club, City of Belpre, The Parks and Recreation Board, and all sponsors, their representatives and successors, for all claims or liabilities of any kind arising out of my participation in this event.

Signature (Parent's Signature If under 18): \_\_\_\_\_

Date: \_\_\_\_\_