2013 WINTER SERIES
Ira Buckalew Race Director

TIME: All three races are on Sunday afternoons at 2:30 P.M.

REGISTRATION: 1:15 to 2:15 P.M. on race day. To expedite matters, please fill out the registration beforehand.

ENTRY FEE:
$5.00 for club members
$6.00 for non-members

AWARDS: Ribbons will be awarded to the first three male and female overall, and to the top three male and female in each of the age groups listed below in both run and walk divisions.

12 & Under	40 - 44
13 - 15	45 - 49
16 - 19	50 - 54
20 - 24	55 - 59
25 - 29	60 - 64
30 - 34	65 - 69
35 - 39	70 & Over

RRCA
ROAD RUNNERS CLUB OF AMERICA

RIVER CITY RUNNERS & WALKERS CLUB

POINT SYSTEM FOR WINTER SERIES:
One point for each mile run...plus

6 points for 1st overall
5 points for 2nd overall
4 points for 3rd overall
3 points for 1st in age group
2 points for 2nd in age group
1 point for 3rd in age group

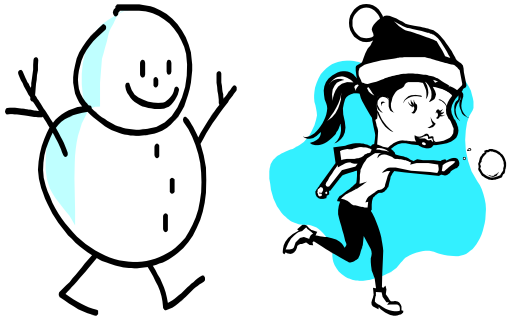
Points will be accumulated through the series and the overall winners will be announced in the April/May Newsletter.

There will not be a tie for overall awards for points. In case of a tie in points, the person with the fastest times will win the overall award.

Proceeds from the Winter Series go to the River City Runners & Walkers Club High School Cross Country Scholarship Fund that is presented to seven students from Wood and Washington County high schools.

THE RIVER CITY RUNNERS & WALKERS
Present
The Nineteenth Annual

Winter Series



ICICLE 5K
January 13, 2013

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VALENTINE CLASSIC 5K
February 17, 2013

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MARCH HARE 5K
March 10, 2013

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Run and Walk Divisions

PURPOSE: Three low-key races to keep your competitive spirit going through the winter months, regardless of the weather.

ICICLE
5K RUN/WALK
January 13, 2013

BELPRE, OH

Belpre Fire Department Training Center
Stone Road Belpre, OH 45714

RACETIME: 2:30 P.M.

REGISTRATION: 1:15 to 2:15 P.M.
$5.00 for club members / $6.00 for non-members

COURSE: Out Blennerhassett Avenue and back.

INFORMATION: Ira Buckalew
email address: lastmalerunner@suddenlink.net
Phone: 304-893-1001

Make check payable to River City Runners & Walkers Club
P.O. Box 4496, Parkersburg, WV 26104
There will be a $5.00 Service Charge on all returned checks.

_____ **MALE FEMALE**
Name (circle one)

_____ **RUN WALK**
Address (circle one)

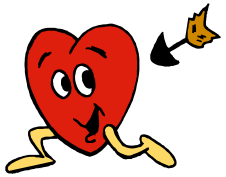
_____
City, State, Zip

_____
Phone **DOB** **Age on Race Day**

WAIVER In consideration of acceptance to entering this event, I waive all claims for myself, my heirs and assigns against the ***River City Runners & Walkers, the Belpre Fire Department, Kiger Tax Service, and the City of Belpre*** for injury or illness which may result from my participation. I further state that I am in proper physical condition for this event.

_____
Signature **Date**

_____
Parent Guardian if under 18 years old *(Icicle)*



VALENTINE CLASSIC
5K RUN/WALK
February 17, 2013

VIENNA, WV

St. Michael Catholic Church
55th St & Grand Central Ave
(will draw names for running mate)

RACETIME: 2:30 P.M.

REGISTRATION: 1:15 to 2:15 P.M.
$5.00 for club members / $6.00 for non-members

COURSE: Out River Road and back, rolling hills.

INFORMATION: Ira Buckalew
email address: lastmalerunner@suddenlink.net
Phone: 304-893-1001

Make check payable to River City Runners & Walkers Club
P.O. Box 4496, Parkersburg, WV 26104
There will be a $5.00 Service Charge on all returned checks.

_____ **MALE FEMALE**
Name (circle one)

_____ **RUN WALK**
Address (circle one)

_____
City, State, Zip

_____
Phone **DOB** **Age on Race Day**

WAIVER: In consideration of acceptance to entering this event, I waive all claims for myself, my heirs and assigns against the ***River City Runners & Walkers, Kiger Tax Service, St. Michael Catholic Church, and the City of Vienna*** for injury or illness which may result from my participation. I further state that I am in proper physical condition for this event.

_____
Signature **Date**

_____
Parent/Guardian if under 18 years old *(Valentine Classic)*

MARCH HARE
5K RUN/WALK
March 10, 2013

TO BE ANNOUNCED

NEW LOCATION
TO BE ANNOUNCED

RACETIME: 2:30 P.M.

REGISTRATION: 1:15 to 2:15 P.M.
$5.00 for club members / $6.00 for non-members

COURSE: ***TO BE ANNOUNCED***
INFORMATION: Ira Buckalew
email address: lastmalerunner@suddenlink.net
Phone: 304-893-1001

Make check payable to River City Runners & Walkers Club
P.O. Box 4496, Parkersburg, WV 26104
There will be a $5.00 Service Charge on all returned checks.

_____ **MALE FEMALE**
Name (circle one)

_____ **RUN WALK**
Address (circle one)

_____
City, State, Zip

_____
Phone **DOB** **Age on Race Day**

WAIVER: In consideration of acceptance to entering this event, I waive all claims for myself, my heirs and assigns against the ***River City Runners & Walkers, Kiger Tax Service,*** for injury or illness which may result from my participation. I further state that I am in proper physical condition for this event.

_____
Signature **Date**

_____
Parent/Guardian if under 18 years old *(March Hare)*