

# BEAT THE HEAT

## 5K Run/Walk

Saturday, July 26, 2008

Proceeds for this event benefit Magnolia High School Girls' and Boys' Track & Field.

Race Day Registration: 6:30 a.m.-7:30 a.m. in front of Quinet's Court Restaurant in New Martinsville, WV. Race day registration fee is \$15. Pre-registration is \$12. Checks and registration forms must be mailed no later than July 21, 2008. Please make checks payable to "Magnolia High School" and mail to:

Matt Quinet  
720 Meadow Dr.  
New Martinsville, WV 26155

**Race Starts at 8:00 A.M.** All participants will receive a T-Shirt upon registering. Prizes will be awarded to the Overall Male and Female finishers as well as the Top 3 finishers for each age division.

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### REGISTRATION FORM

Last Name \_\_\_\_\_ First Name \_\_\_\_\_  
Address \_\_\_\_\_  
Street City State Zip

I plan to participate in the:

5k Walk \_\_\_\_\_ 5K Run \_\_\_\_\_

Gender: M \_\_\_ F \_\_\_ Age (as of 7/26/08): \_\_\_ Date of Birth \_\_\_\_\_

T-Shirt Size (Adult): S \_\_\_ M \_\_\_ L \_\_\_ XL \_\_\_ XXL \_\_\_

Age Divisions: 10 and Under \_\_\_ 11-15 \_\_\_ 16-24 \_\_\_ 25-34 \_\_\_ 35-42 \_\_\_ 43-50 \_\_\_ 51-58 \_\_\_ 59-64 \_\_\_ 65and Over \_\_\_

Signature: \_\_\_\_\_ Date \_\_\_\_\_

Signature of participant/Parent or Guardian for Children Under 18 years of age.

#### WAIVER:

In consideration of the acceptance of this entry, I waiver myself, my heirs, and assigns, all rights and claims for danger which I might have against the race organizers, sponsors, volunteers, town of New Martinsville and all individuals associated with the race as a result of any and all injuries suffered by me in this event. I attest and verify that I am physically fit and have trained sufficiently for this event.

Contact: Matt Quinet (304) 904-2147