

# 2008 RIVER CITY KIDS SERIES RACE CALENDAR



Date	Race Name	Location
April 19, 8am	Vienna River Road Race	1600 34 <sup>th</sup> St. Vienna
June 14, 8am	Chuck Cornelius Memorial	Warren High School
June 21, 8:30am	Erickson All-Sports Challenge	Erickson All-Sports Facility
July 19, 8am	Belpre Scholarship Race	Belpre High School
August 17, 1pm	News and Sentinel Kids Race	Parkersburg High School Track
October 5, 2pm	Tony Cottrell Memorial Run	Erickson All-Sports Facility

All kids races will begin immediately following the scheduled adult race (approximately 1 hr after above start time).

#### Race Distances for kids will be based on age as follows:

- 3 & under: 50 meters
- 4 & 5: 100 meters
- 6 & 7: 200 meters
- 8 & 9: 400 meters
- 10 & 11: 800 meters

#### Race Day Check List:

- √ Eat breakfast
- √ Get to race early
- √ Get race number, make sure entry form is correct
- √ Warm up & stretch
- √ Know where the start and finish are
- √ HAVE FUN!

Questions? Contact: Amy Eddy [amyveddy222@hotmail.com](mailto:amyveddy222@hotmail.com) 304-488-1656

# RIVER CITY KID'S SERIES 2008

With a mission of promoting health and fitness, River City Runners Club proudly presents the 2008 River City Kids Running Series. We invite all kids age 11 and under to participate in the kids series races. ENTRY IS FREE!

All participants will receive a free race packet which will be available at the first kids race, The Vienna River Road Race, on April 19. The packet will include a race calendar, entry form, series t-shirt and an iron-on patch to be applied to the shirt for completing the race. A patch will be given at each series race to iron on and proudly display on your child's series t-shirt.

To enter your child in the series, please fill out the application form and mail to: River City Runners, PO Box 4496, Parkersburg, WV, 26104 or e-mail the information to [amyeddy222@hotmail.com](mailto:amyeddy222@hotmail.com).

A healthy kid is a happy kid! We want to help your kids enjoy fitness for life. Join us for fun and friendly competition!

Proudly Sponsored by: The Parkersburg YMCA  
Mountain State BC&BS  
Dave Knost Auto Outlet

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I would like to participate in the FREE 2008 River City Kids Series!

Name \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Street: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Age: \_\_\_\_\_ T-shirt size Kids XS \_\_\_\_\_ S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ Adult S \_\_\_\_\_

\_\_\_\_\_  
Parent's signature

\_\_\_\_\_  
Date